

2020-21

Grand Saline Middle School Lunch Menu

Come dine with us at *The Arrowhead Cafe* or *The Totem Pole Grab and Go*

	MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
SERVING LINE ENTRÉES					
THE ARROWHEAD CAFÉ	Choice of <i>Chicken Smackers or Steak Fingers</i>	Choice of <i>Walking Tacos or Crispitos</i>	Choice of <i>Salisbury Steak or Spaghetti w/Sauce</i>	Choice of <i>Chicken Fried Steak or Fish</i>	Choice of <i>Pepperoni Pizza or Cheese Pizza</i>
THE TOTEM POLE GRAB & GO	Choice of <i>Burger w/wo cheese & Fries or Chef Salad</i>	Choice of <i>Chili Dog w/Baked Chips or Yogurt Parfait w/fruit & granola</i>	Choice of <i>Corn Dog w/Tots or Stuffed Baked Potato w/bread</i>	Choice of <i>BBQ Sandwich w/Baked Chips or Chef Salad</i>	Choice of <i>Chicken Burger w/Fries or Yogurt Parfait w/fruit & granola</i>
VEGETABLES	Green Beans Mashed Potatoes Burger Fixin's	Refried Beans Side Salad Salsa	Broccoli Glazed Carrots	Ranch Style Beans Baby Bakers	Baby Carrots w/Ranch Seasoned Corn Burger Fixin's
FRUIT	Fresh, Canned or Frozen Fruit	Fresh, Canned or Frozen Fruit	Fresh, Canned or Frozen Fruit	Fresh, Canned or Frozen Fruit	Fresh, Canned or Frozen Fruit
GRAINS	Roll Crackers for salad	Spanish Rice	Garlic Bread	Mac & Cheese Crackers for salad	
MILK	1% White, Skim Flavored	1% White, Skim Flavored	1% White, Skim Flavored	1% White, Skim Flavored	1% White, Skim Flavored
CONDIMENTS	Ketchup Mustard Mayo Dressings for Salad	Gravy Ketchup Mustard Mayo	Ketchup Mustard Mayo Potato Fixin's	Gravy Dressings for Salad	Ketchup Mustard Mayo Ranch
	2 SERVING LINES EACH OFFERING 2 DIFFERENT ENTRÉES DAILY	STUDENTS MAY CHOOSE: 1 ENTRÉE, UP TO 2 FRUITS & 2 VEGETABLES, 1 GRAIN AND A CHOICE OF MILK	CHOOSE 3 OF THE 5 FOOD GROUPS. 1 MUST BE 1/2 CUP FRUIT OR VEGETABLE. MAY TAKE ALL 5.	LUNCH PRICES STUDENTS: \$2.70 paid \$.40 reduced STAFF: \$3.85 VISITORS: \$3.85	**EARLY RELEASE DAYS** SACK LUNCHES WILL BE SERVED

Menus are subject to change due to product availability.

This institution is an equal opportunity provider.